

Q2: April, May, June, 2023

Alcoholic Recovery Center



Alcoholic Recovery Center of Lubbock, Inc.

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Donations: P.O. Box 1084

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Around the House

Aaron E is the focus for this quarter's Around the House. Aaron, 31 and from Hobbs, has been with us here at the ARC since August of 2022 and celebrates one year clean and sober as of July the 30th. He came to us a little over 40 days clean after his mother found us online. He says, "I like where I'm at, I'm comfortable at the ARC, and I feel like I'm at a good place in recovery. I like the structure here and it's pretty straight up if you follow the rules and take care of your independent needs."

Aaron started early in his drinking and using career. He was 12 when he began smoking marijuana and 14 when he started drinking. "I was a purist at first, smoking weed only, but eventually I broke my own rule. After that, the two were always coupled together, and I couldn't go to sleep without alcohol." He says

things began to progress. I went to live with my father in a camper in the middle of nowhere and we began drinking together... it was a bad situation. It got to the point where my family didn't want to leave me alone for fear of what I might do or the alcohol I would take."

Aaron says his personal life is good now. With his family, "They still think I'm maybe a little 'crazy,' and don't FULLY trust me, but we are working on it. I am welcome at their house now, and they don't worry that I'm going to drink all their alcohol. They are proud of me." Additionally, Aaron has changed his priorities. He is saving money for a deposit on a car and an apartment, working, sticking to structure and is enjoying working out and playing video games

sober. He says he has worked the Steps with his sponsor in Hobbs, and is still making amends.

He was kicked out of another local sober living three times, but this time he has no reservations. "I no longer have ideas like I can still drink. I have learned that I have to be honest with myself. At first I didn't really want recovery, but have learned you really DO have to want it, and I do. It's not like I'm doing it because I HAVE to. It's different this time because I am focused. I am able now to do things that don't revolve around alcohol."

-Matt R

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Twelve Step House Meetings...

Monday 7PM- "Big Book" Study

Thursday 7 PM- Daily Reflections

Friday 7:30PM- Speaker Meetings
(The last Friday of the month is Birthday Night!)

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